

# A BIRDS EYE VIEW OF MORECAMBE BAY

ONE DAY ITINERARY



STARTING POINT

LANCASTER

From Lancaster Station, take the train to Silverdale (approx every hour, takes 15 mins). RSPB Leighton Moss is adjacent to Silverdale railway station.



## RSPB Leighton Moss

Get back to nature exploring the largest reedbed in the Northwest of England, home to some really special birds, including the much celebrated Bittern. If you're lucky you will also see red deer and even the rare High Brown Fritillary Butterfly, thought to be extinct in most of the country.

 Approx length of time; 2 hours

Save your train ticket, as this entitles you free admission to RSPB Leighton Moss!

## Lunch Suggestion



Enjoy lunch at the Taste Lancashire accredited Kayes Nursery Gardens and Tea Rooms. All food is locally sourced and of the highest standard – with many of their cakes baked on site using organic grain from a nearby traditional watermill. Enjoy views over The Reginald Kayes limestone garden and to the Kent Estuary.

## Travel note

From RSPB Leighton Moss, take the Silverdale Shuttle (Service L2, approx every hour) to Lindeth Road/Woodwell Lane and arrive at Kayes Nursery Gardens and Tea Rooms on Lindeth Road. For all Bus Times see [traveline-northwest.co.uk](http://traveline-northwest.co.uk).

FINISHING POINT

LANCASTER

Getting back to the start;


From the finish location From Silverdale Station take the train back to Lancaster.


## Wildlife to see

The Coastal lagoons are the perfect place to see Avocets

## Silverdale to RSPB Leighton Moss Walk

From Kaye's, walk down Lindeth Road to Wolfhouse Gallery. From here, pick-up the Silverdale to RSPB Leighton Moss Walk (brown route), passing the spectacular scenery of the Silverdale and Arnside AONB, including Jenny Brown's Point, accompanied by Bitterns, Oyster Catchers and a spectacular array of sea bird together with a spectacular waterfowl populations. Arrive back at RSPB Leighton Moss and take some refreshment in their superbly equipped visitor café.

 Download buswalks

 Approx length of time; 1 ½ hours

LANCASHIRE  
**KEEPSAKES**

WHAT WILL YOU TAKE HOME?

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